



OVER 35'S WOMEN'S FOOTBALL



2023

RECORD

WELCOME TO YOUR 2023 FOOTY RECORD

FROM THE LEAGUE'S PRESIDENT



A warm welcome for all Women's Competition clubs, teams, and representatives.

As we enter the end of another fantastic season, it's great to see the Women's Competition solidify the foundation of growth and support for participants of the competition. AFLVM have now implemented a wide range of opportunities to participate in Over 35's Women's Football, particularly those players who have never played football before or were not offered the opportunity to play via traditional football pathway programs.

The Board supports the ongoing efforts of clubs and volunteers to progress the inclusion of over 35s women. This includes creating clear pathways for coaches, umpires, and administrators, all key roles where women are still under-represented at all levels of the game.

In Victoria, non-contact games were introduced in 2022 by the players, and in May 2023, the AFLVM non-contact game rules were formally approved. These rules focus on fun and encourage over 35s Women to play in smaller sides, with more chances to kick goals.

AFLVM's Over 35's Women's Competition offers traditional 18 a side football. In 2023, just the fifth year of competition, we have enjoyed some of the best footy yet. Reigning premiers Port Melbourne Colts have secured the minor premiership, but the finals are still to be decided on today's matches.

Congratulations to all competitors and thank you to the clubs, administrators, volunteers and officials who have made this season such a success on and off the field.

Ian Prendergast, President
AFL Masters,
Victorian Metropolitan League



If you are interested in joining a women's team, come down to a game or a training session.

Our website has local club contacts aflvm.com.au or reach out by email: womensfootball@aflvm.com.au

Vic Metro Over 35's Women's Pathways

1 AFL MASTERS QUICKKICK

Structured introductory sessions and clinics for women new to the sport. Women who may have always wanted to give footy a go but never got the chance.

3 OVER 35'S WOMEN'S

Community clubs, 18 a side teams, playing fortnightly games. (Vic Metro's Women's Competition since 2018)
Modified rules for older athletes, supportive community with a mix of experienced and new players.

2 OVER 35'S WOMEN'S NON CONTACT

Games with no contact, smaller sides, smaller grounds.
Modified rules including zones and nominated attackers that can be rotated.

4 VIC METRO REPRESENTATIVES

Representing Vic Metro at events and tournaments, networking with footy loving people across the country.

2023 UMPIRES



Ian Frances	Non Contact Umpires
Iain Ross	Leanne Bourke
Tim Tingiri	Fiona Butler
Alan Tutta	Brigid Ryan
Frank Massara	Sue Emery
Frank Stokes	
Peter Rosenthal	Thank you to all our
Mark Jones	Volunteer Goal
Paul O'Lochlan	Umpires who travel
Paul Shoebridge	with us each week
Di Phyland	

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Images: Donovan Chin Photography



Box Hill North

2023 has been a very positive year both on and off the field for Box Hill North. Celebrating 40 years for the club, the Women's team have responded on the field. After an increase to the playing list over the off season, this year has been all about coming together as a team and learning to play together. The skills improvement this year has been very evident in the way the team plays and success came with four wins this year, which was a great improvement from 2022.

Hit hard by injuries from mid-year, the team struggled to field a full side in the later rounds. A big thanks goes out to those players from other teams who were willing to help out on game day to allow us to field a side. This was greatly appreciated and truly shows the meaning of Masters Football, Women supporting Women.



Some special moments for the team this year:

- Tasting success and the chance to sing the club song
- Wearing our new clash jumpers for the first time
- Club's 40th Anniversary Celebration Ball
- Celebrating Sophie Marinos' 50th game
- Women's Team Bonding golf night (golf carts are fun)
- Getting to play this great game that we love

A footy club cannot survive without its volunteers. We are very thankful for those who made themselves available throughout this year to support us, especially on game days. Of course a big thank you to our Coach Peter Woods for continuing to believe in us.

We say goodbye to our retiring players of Emily Dawson, Anne Paternott and Jen Rodezno for their dedication to the team. We thank them and wish them all the best.

Thank you to all the wonderful club sponsors for their support this year. Verracorp Pty Ltd, Spring Osteo Clinic, Skinny Dog Hotel and Buxton Real Estate.



Williamstown

The theme of Williamstown's year could best be described as 'welcoming and supportive'. Eleven new players were warmly welcomed to the club, many of whom have never played football before. In fact, one player watched YouTube clips just to learn all about the game! Several returning players were also welcomed back to the game.

There were new faces in the coaching and support crew with Glenn (Bull) Evans taking over from Ron Gauci in the coaching role, being ably supported by his daughter Ally. Pam Evans took on the team manager role from Deb, allowing her to return to the footy field; and Kerry Evans is a new face in the trainer's role, alongside club stalwart Donny Munn.

The leadership group this year was headed up by new player to the club Tory Pettit, bringing a wealth of knowledge and experience to the team, both on and off the field. She is supported by returning players Kat Gerste (vice-captain), with Amie Bracken and Lorey Bentley (deputy vice-captains).

The off-field season began long before the first bounce, with the club offering fitness sessions over summer, followed by a whole club pre-season training camp in Strath Creek. This event certainly bonded the teams, which is evident at all club events. Malcolm Bangs was again engaged to show the team how to tackle and be tackled safely, such a vital part of the game for Over 35s players.

Wins could be described by the scoreboard, or you could look at the improvement in skills of players, the confidence gained, and the teamwork displayed. If this was the case, Williamstown would come out on top! Williamstown started strong with wins in their first two matches. A couple of narrow defeats mean that they are not quite where they would have liked to be. You wouldn't know it when you see the team together. Injuries have again plagued the team, but the luxury of having a bench to fall back on this year cannot be overstated.

A highlight for the team this year must be hosting the Pride Round. It was amazing to see all the Pride jumpers out on the field, and the atmosphere of the day was electric. Thank you to all who supported it.



Werribee



A new home, and some new friends, Werribee continues to gather new players and always shows up ready for a good contest.

The year was a rocky one for the club, with the shock of Co-President John Crennan passing away at the start of the year. Best Club Person of the Year in 2022, and long serving Secretary, John played a leadership role in the founding of the inaugural Werribee Masters Women's Team in 2018. As Team Manager, JC was a supportive and knowledgeable part of the team and will be remembered for his commitment to the team, the club and the Masters community.

Highlights include:

- *Gathering players from far and wide

- *Getting positive numbers for the matches

- *Celebrating Karen Madden [Mad Dog] 50 games

- *The team and club keep growing from year to year

On field, the team struggled at times with the loss of some key players from last season. Werribee pride themselves on their ability to compete, as well as their ability to have fun as a group.



Northside Lions

It's been another great year at the Northside Lions with a strong focus on footy for fun, and leading to an increase in player recruitment. New coach Brendan Andrews and returning assistant coach Terri Xuereb started with a different approach.

Building on 2022, training focuses on-skill development, agility and game sense drills. This has led to improved performance on field with the team demonstrating improved player positioning, better execution of tackles, more cohesive play and having more control of the play. The number of goal kickers in the team has increased, and leading into the final rounds there are six players battling it out for leading goal kicker.

Whilst the season successes have not reflected as much as hoped for on the scoreboard, social interactions and antics off the field keeps all in stitches, and waiting for the next event on the social calendar. The team prides itself on the social connectedness, on and off-field. This involves catch-ups at comedy shows, attending other footy games, post-match dinners and drinks.

WhatsApp chats are constantly going off with the next social outing or celebrating the killer bruising from games! Even team mascot 'Limba' makes appearances with a drink in paw or in other compromising situations, even experimenting with other sports.

The players would like to sincerely thank everyone that stepped into a voluntary role this year; goal umpires, runners, water runners, team managers (Cheryl and Donna), coaches, supporters and our club's committee. Without this off-field support we would not be able to get onto the ground and play the wonderful sport that is Masters AFL.



Round 6 saw the Lion Pride really embrace a culture of inclusivity and diversity and proudly play in our specifically designed jumpers and volunteer polos.

Sponsored by Colby Storage Solutions, Derrimut, a hit around the club, they are now part of ongoing apparel. Players and coaches were presented with their jumpers and polos for the upcoming round at a special night, with the feel and sense of the historic moment that being created that night.



Mordialloc

Traditionally and unsurprisingly, Mordialloc has been the home club to many Mornington Peninsula talent. In 2023, the Peninsula Raiders commenced the recruitment for a women's team. Lacking in numbers, an alliance between the two clubs began, and a merger was formalised (Mordy-Pen).

The influx of Peninsula players and local novices, exuded raw passion that was infectious, reminiscent of forming years when many Mordy players were new to the game. The collaboration brought enthusiasm and a refreshing wave of excitement and potential.



Triumphs on the field hold a special significance, celebrating victories with two songs, now a cherished tradition and a powerful motivator to win, as we resonate with the Peninsula players boisterous cheers and our now shared love for raw fish.



Initially, the merger posed challenges as players needed time to adapt to each other's playing styles. However, with each game, Mordy-Pen grew into a cohesive unit with complementary strengths.

Two of our stand out players, Lisa Williams and Felicity Stainthorpe (League B&F 2022), gracefully assumed the role of playing coaches, and played a pivotal role in uniting the team and inspiring everyone to improve and work together.

Congratulations to Cath Rees for playing her 300th game this season. Distance is no barrier and as the waves crash gently against the shores near-by, the sound of camaraderie echoes across the bay to our respective clubs.

Beyond the game, the support network for the team is extraordinary. Partners, family, committee members (who go above and beyond), and friends play a crucial role in cheering the team on with unwavering enthusiasm, turning matches into community celebrations.

As the sun sets on the season, we stand together, smiling and grateful for the mergers impact. What started as a numbers game, quickly evolved into a story of triumph and togetherness. The unity will continue to inspire us in seasons to come, as we continue to chase the thrill of victory and the joy of being part of something greater.



Peninsula Raiders

From humble pre-season ambitions of competing in a nines competition to forming a combined team with Mordialloc in the League, 2023 has been a big year for the Peninsula Raiders inaugural women's players. With the majority having never played AFL before, the season has challenged players out of their comfort zone. It's been a journey that's seen a lot of bumps and bruises mixed in with personal and team triumphs. Most importantly, lots of laughs.

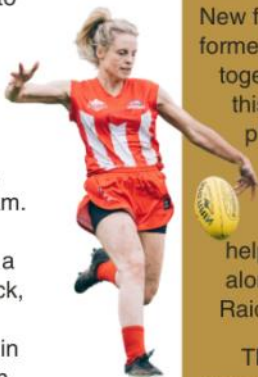
Working hard all year, the players split Wednesday training nights between Mornington (often training with men) Carrum and Mordialloc. In fact there probably isn't a more travelled football team in the country!! From Mornington to Port Melbourne, Reservoir and beyond, the commitment these players have shown to each other and their team is next to none.

The first game of the season against reigning premiers Port Melbourne was a tough initiation, facing an experienced and very skilful Colts team. With guidance and encouragement from experienced Mordialloc team-mates, alongside a commitment to working hard on the training track, the team came to within a point of a win in the next game against Darebin. The first win came in Round 3 against Werribee. Back to back wins in Round 4 against Box Hill also saw a piece of history with Emma Ince as the first women's goal scorer of the inaugural Peninsula Raiders Women's team.





With the on-field achievements, relationships off the field have seen Mordialloc Peninsula grow and bond as a team this year. New friendships have been formed. It's that feeling of togetherness which makes this team great. The players, along with coach and mentor Travis Reints, have taken huge strides this year in helping to establish a stand-alone club at the Peninsula Raiders in the future.

Their passion and commitment for football has been infectious and an inspiration to all at the Peninsula Raiders football club



Parkside Spurs



The 2023 edition of Parkside Spurs Masters is a great recipe. With a sprinkle of recruits from other clubs, a sizable bunch of QuickKick graduates, some cross code converts from soccer and rugby, a triplet of ex VWFL guns and a trio who ran out for the Spurs Reserves on the windy plains of St Albans fifteen and more years ago. Adding in players who are following their own path across the Maribyrnong or down the road to Footscray. The team had not played many games together as a group before this year, but despite a slow start to the season, has gelled to become a great team. Six wins in a row sees the Parkside Spurs heading into their first ever Masters finals series.

The team has great leadership with head coach Beth and runner Jenno joined by captains, Sarah Carnovale and Mel Fenech, new assistant coach Deena Bassett, and game day assistant Sam Hall. Players are running around like carefree eight year olds with the support of volunteers; manager Claire, committee rep and super organizer Amanda, trainers Caz, Cazz, Ian and Lainey, the wider Parkside Spurs committee and coaching team, and the friends and relatives who've run water and goal umpired for each game.

When Spurs get to together you will hear laughter and encouragement. Good, real, chat that can roam from Lego to the difficulties of caring for teens, from dancing to unwell parents, from AFL men's to our own mental health. If you can't exactly hear it, you can probably feel the love and respect we have for each other.

Successes of the year:

Finding the joy in football and playing for each other. Taking a mark on the run on a crisp night at training. Kicking your first ever goal in a game.

Running out for the 50th (Mel Barry), 100th (Erin Smith) or 150th (Doreen Roberts) time.

Coming back to play after serious illness, and showing you've still got those mad goal kicking skillz (Barb).

Celebrations include a 30 year anniversary gala, a wedding of Sarahs C and O, a trivia night and the merger with Parkside



Darebin Falcons



At Darebin, we believe that sport is for all. Our club aspires to create a world where women, girls and gender diverse people live, compete and dream free of gender constraints.

The club encourages diversity, inclusion and fairness—everyone is always welcome.

This year, the team delighted in sharing time with the younger players at the club. Players loved being able to participate with 5-9 year olds at the AusKick and Mini Roos programs, hug a Falcon in the World Cup crowd, and share game day with our talented and hardworking VFLW squad. The team has enjoyed the whole-of-club Pride Weekend, and NAIDOC week gatherings with our NFNL U14, U16 and Division 1 and 3 teams, listening to our First Nations players and families. After sharing in the League-wide Over 35's Pride Round, players took a road trip to attend the premiere of 'Equal the Contest' at the Castlemaine Documentary Festival, celebrating our sibling club, the Mount Alexander Falcons.

In 2023, the team relished the great footy, with generous host clubs, and lots of ice and sympathy close by for our injuries. The fun of the nail-biting matches or gale-like wind conditions, even the GF re-match with an annoyingly similar result, the year has given us some fabulous moments. Special call outs to Shiv, Aasta and Caddy who are new to the Over 35's competition, Zoe in her first year with the Falcons and Lucy making her debut after all her contributions from the sidelines.



Home games at the Nest were bright lights in the fixture.

* The Arnell Cup with Brenda (Junior) Arnell at the game to present the Cup to winning captain Bob, and Falcs Player of the Match, Woody. While Pants celebrated her 50th game in style with the first goal.

*Round 9 saw Falcs Life Member Shiv Hogan celebrating her 200th game in front of a great crowd.

Sarah Hammond led the 10-year reunion for the 2013 VWFL Premiership players, with Natalie Wood and Aasta O'Connor showing they still can kick goals if asked to, and/or if Jane Lange is in the midfield.

Port Melbourne Colts



Our focus is on creating a community that you feel safe, welcomed, and grateful to be part of. A community that you can lean on, both on and off the field. We strive to build a culture where you can grow both as a player and a person through the teammates you are surrounded by.



Port Melbourne are a 'cradle to the grave' club starting with Juniors all the way through to Masters in both the men's and women's Leagues.



Some special moments for the team this year:

- Fish's 50th
- Lewy's 50th
- Tomahawk's 100-ish
- Wombi's 250th
- Boob's 50th
- Jako's 50th



A foundation women's team, playing in new colours when Melbourne Masters officially merged forces with the Port Melbourne Colts Football and Netball Club. Port Melbourne won the inaugural Over 35's Women Grand Final in 2022, and have secured the minor premiership in 2023 with another good year on-field.

Eastern Warriors



Season 2023 has seen the Warriors embrace fully the footy for fun motto of AFL Masters.

Warriors have formed the backbone of the non contact game helping to create a fun and welcoming space for players both new and old to football.

The Warriors players absolutely love playing the modified version of the game. With no stress about being bumped off the ball or tackled players have flourished and greatly improved their skills and confidence this year. It has been great to see Fiona Butler aka Flea get out and play footy! Taking marks, handballing and kicking and having fun doing so.



Coach Sue Emery has enjoyed seeing these women take what is practiced at training and then use it on the field with growing confidence and ability each game. Even when a player evades her on the field using those skills lol. Co captains Helen and Kirsty have done a great job leading the sides at games and helping out players new to the game. A big thank you too to Leanne Bourke who thought her football days were over but has come back to get involved and umpire.

The team is now looking forward with great anticipation to the AFL Masters National carnival and the inaugural non contact competition. Six of the team will be representing Vic Metro!



Eastern Warriors Coach: Sue Emery

Home: Edinburgh Reserve (Springvale)

Other Non Contact Players:

West Co-ordinator: Amanda Butcher

South Co-ordinators: Dannii Raisher,
Kristy Morris

Helen Burke – Co-captain
Kirsty Devenish – Co-captain
Fiona Butler
Jennifer Murnane
Sandra Hoult
Renata Johnson
Sunita Nair
Meg Corbett
Louise Berry

Lauren Rossi
Kate Balme
Cass Hoult
Narelle Sykes
Danielle McCartin
Amanda Butcher
Libby Buchanan

Sharlene Hetherington
Nicola Dean
Terina Manunui
Kelly Dunstan
Cathy O'Callaghan
Reanne Trimble



BOX HILL NORTH V MORDIALLOC PENINSULA



Box Hill North Coach: Peter Woods
Assistant Coach: Napoleon Rodezno
Team Manager: Anne Bakker
Trainer: Justine Olsen

Home: Elgar Park (Box Hill North)

Mordialloc Peninsula Coaches: Lisa Williams, Felicity Stainthorpe

Assistant Coach / Bench Management: Travis Reints, Nick Williams, Willow Reints

Team Manager: Jessica Goodchild

Runner: Jett Raisher, **Water Runner:** Levi (Bacon) Raisher

Trainers: Michelle Flintoff, Rebecca Sims

Home: Allsport Park, Ben Kavanagh Reserve (Mordialloc)

1 Anne Paternott
2 Kerry Lawler
3 Ange Howe
4 Nicole Murphy
5 Jen Rodezno (VC)
6 Erin Murphy
7 Sally Derham
8 Bonita Gardiner
9 Fiona Prosser
10 Mich Crupi (C)
16 Kylie Hodges
18 Chloe Cook
22 Lori Lygris
23 Sophie Marinos
26 Julie Wells
29 Anne Bakker (VC)
34 Sarah Mears
35 Emily Dawson
40 Natalie Horwood
45 Anna Haythorpe
49 Kerrie Parnell
Lauren Howell
Belinda Lyall
Sai Johnson
Reanne Trimble
Cath Farchione
Stephanie Kierce
Kylie Rule
Felicity Langton

2 Jillian Chalmers
3 Michelle Flintoff (Moose)
4 Danielle Raisher
5 Amanda Reiter-Dando (Mini)
6 Erin Farnbach
8 Amy Newman
9 Lisa Williams (coach)
11 Trudi Miller
13 Cath Rees
15 Megan Foote
17 Erin Dunne (ED)
18 Stephanie Schmidt
21 Georgina Lee
22 Emma Ince
24 Felicity Stainthorpe (coach)
28 Bronwyn Weston
29 Anne-Marie McCann
35 Jana Baker
37 Belinda Ainley
38 Catherine Weeks
40 Leah Dow
42 Carolyn Ellul
43 Rochelle Akester (Shelly)
44 Jo Dow
46 Julie Regan
66 Kristy Morris
99 Lara Hickmott



WILLIAMSTOWN V PORT MELBOURNE



Williamstown Coach: Glenn "Bull" Evans

Assistant Coach: Ally Evans

Team Manager: Pam Evans

Trainers: Donny Munn, Kerri Evans

Home: Aitkin Crofts Reserve (Altona North)

Port Melbourne Coach: Belinda 'Blouse' Bowey

Team Managers: Lauren 'Loz' Arthur, Jaci (Jazzi) Ramires (and Trainer)

Volunteer Crew: Banana, Soongy, Mitch, Billie, Sam + many more!

Home: JL Murphy Reserve (Port Melbourne)

1 Rosie Carter
2 Soledad Hernandez
3 Georgina Taylor
4 Lucy Milkeraitis
5 Jodie Geddes
6 Victoria Pettit
7 Katharina Gerste
8 Emma Kirkham
9 JD Dean
11 Beejay Johnson
12 Bonnie Smart
12 Deb Young
13 Sarah Goff
14 Sharlene Hetherington
15 Hitomi Sanders
18 Linda Hofer
19 Susan Watson
20 Lauren Rossi
21 Sophie Jean
23 Belinda Ousley
24 Nadine Smith
25 Amie Bracken
26 Lorey Bentley
27 Chrystal Evans
28 Kristy Carbis
29 Simone Redman-Jones
30 Madelene Ylen
31 Anne Halkier
32 Danielle Hills
33 Catherin Patience
35 Jenny Newitt
44 Melanie Dmytrenko
47 Julie Meldrum
49 Nichelle Sellenger
52 Kelly Wan

1 Amanda Brown
2 Lauren Arthur
3 Amanda Williams
4 Daniella Viney
5 Eva Pesce
10 Evelyn Thodey
11 Anita Carswell
12 Suzie Karasz
17 Katie Bentley
18 Belinda Bowey
23 Sandra Maher
29 Liz Krutli
30 Tamara Tomamichel
35 Emma Addison
36 Rhiannon Jakobi
41 Lisa Walshe
43 Kate Wicks
44 Michelle Collier
45 Kielly Ryan
46 Joey Clapper
47 Chris Mueller
48 Nicole Licastro
49 Michelle Lewis
55 Rebecca Fisher
57 Kylie Swan
58 Gail Hiatt



NORTHSIDE V WERRIBEE



Northside Coach: Brendan Andrews
Assistant Coach: Terri Xuereb
Team managers: Cheryl O'Dwyer, Donna Maguire
Trainers: Carissa West, Sarah Busuttill, Jos Winthorst

Home: Crispe Park (Reservoir)

1 Meaghan Flack
2 Rochelle Duke
3 Alexia Taylor
4 Emma Lynch
5 Tracey Wylie
6 Kate Francis
8 Peita Price
9 Jenny Bonney
10 Sheena De Souza
11 Megan Cann
12 Julie Schier
13 Krystyna Edwards
15 Rosemaree Busuttill
16 Celeste Higney
17 Michelle Smith
19 Katie Jones
20 Ebony O'Dwyer
21 Natalie Hearn
22 Katie Annetta
23 Marie Napoli
26 Imbayardi Wilson
27 Sylvia Lushaj
29 Laurel Irving
30 Kim Tully
32 Heather Jenkins
35 Carolyn Whytcross
37 Donna Maguire
40 Louise Noonan
44 Kylie O'Reilly
52 Michelle Chard
70 Suzanne Taylor
79 Brooke Nam
83 Rachel Hower
NEW Emma Guiney
NEW Hayley Legg
NEW Stacey Meldrum
NEW Catherine Natoli-Goodwin

Werribee Coaches: Bryce Granger
Kerry Saunders, Steve Hart
Team Manager: Peter Hamilton, Steve Hart
Trainer: Liam

Home: Glen Orden Reserve, Werribee

1 Paula Bunting
2 Nicky Porter (C)
3 Karen Madden
6 Kerry Cook
7 Marlana Betham
8 Kareena Jacobsen-Logan
10 Natasha Hair
15 Emily Porter
17 Anne Sparkes
17 Ruth Walker
18 Linda Morren
20 Natalie Cooper
22 Melanie McKenna
23 Cailene Hart
24 Alice Masters
25 Rebecca Drever
27 Kirsten Naylor
30 Casey Etherton
39 Kerry Saunders
51 Marie Drake-Bemelmans
92 Alaynna Morren (C)
Amber Karutz
Billi Wegener
Emily Porter
Jennifer Schellekens
Karen Stevenson
Renee Jackson
Skye Sinclair
Sondra Prametley
Tamara Millar
Tara Crisp



PARKSIDE SPURS V DAREBIN



Parkside Spurs Coach: Beth Aitken

Assistant Coach: Deena Bassett

Team Manager: Claire Munro

Game Day assistant: Sam Hall

Home: Merv Hughes Oval , Footscray

Darebin Coaches: Julia Boyle, Rachel Hoult, Briony Milesi, Alice Minns, Jane Ryan, Ochre Shaw

Team Manager: Fiona Munn

Volunteers: Tope Adeyoyibi, Julie Boffa, Emma Keogh, Sally Lynch, Megan McClelland, Riley Minns, Danny Ryan

Home: A.H.Capp Reserve (Preston)

4 Melanie Fenech
6 Lisa Bonner
7 Breeze Smith
9 Kate Sloane
12 Barbara Schrei
13 Doreen Roberts
16 Ida Candiloro
17 Belinda Pannella
19 Tracy Esdaile
20 Erin Smith
21 Nadine Lampard
29 Laura Galletta
31 Sylvia Niderla
36 Marlene Cordova
37 Melissa Barry
42 Sally Rust
63 Leonie Walker
77 Fiona Kerr
87 Vaelei Lemauga
8 Mami Akase
10 Deena Bassett
30 Kirsten Pocock
32 Kylie Paull
34 Kira Verde
75 Roxane Coffey
3 Tracey Jani
47 Sarah Carnovale
80 Elliott
98 Sarah Nagorcka
99 Sabina Ahuja
Kate Balme
Anita Brickle
Stacy Szalay
Joanne Jilbert

1 Carla Sgro
2 Emma Thompson
3 Cathy Minniti
8 Anna Schwager
9 Sarah Hammond
11 Jane Ryan
13 Nicole Clare
14 Natalie Wood
15 Jacqueline Lynch
16 Rachel Hoult
17 Erin Nash
18 Taryn Escreet
19 Fiona Munn
20 Marzena D'Odorico
21 Louise Potter
22 Briony Milesi
24 Susan Cadman
25 Jane Lange
26 Catherine Cocks
28 Peta Sirec
29 Aasta O'Connor
31 Claire Flynn
34 Brigid Ryan
35 Brenda Lang
38 Alice Minns
41 Carley Allan
43 Alana Wearne (permit)
44 Dianne Smith
47 Rebecca Hickmott
52 Zoe Bott
69 Emma Wearmouth
81 Catherine Haslock
86 Lucy O'Hagan
88 Shevaun Hogan
93 Belinda Smith

2023 in review

This year there has been so much to celebrate with new clubs and new friendships. Many fabulous player milestones were celebrated with joyful banners, and with new players in every team, over 10 players played their first ever game of footy.

We also remember those we lost this year, with a Round 1 commemoration for Werribee club stalwart John Crennan, and a League-wide minute silence in Round 6 for footy family lost in the Hunter Valley bus crash. The competition promoted a culture of inclusivity and diversity with inaugural club jumpers for the 2023 Pride Round.

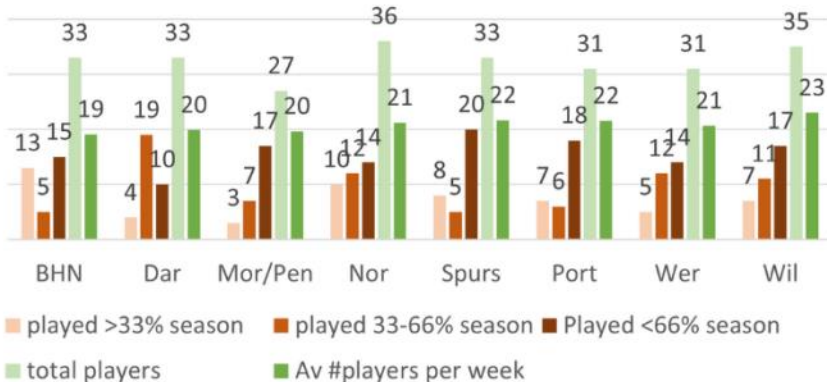
As our hardworking coaches and team managers know very well, it is a fine balance between good recruitment and selection headaches. With injuries, holidays, family commitments, and everyone wanting a game in front of friends and family, just how many O35's players are needed to get 18 plus a bench for the season?



In 2023, our teams were made up of between 27-36 players per club. Northside had the longest list, and Williamstown had the highest availabilities with an average of 23 listed players each week. On the skinny side were Box Hill North, Darebin and Mordialloc Peninsula who had a season average of 19-20 players per week.

In the strength and conditioning stakes, Port Melbourne Colts, Mordialloc Peninsula and Parkside Spurs managing 60% of their listed players to 7 or more of the 9 matches played so far.

Players listed in matches Rd 1-9



2023 GOAL KICKERS

As of Round 9, there have been 237 goals kicked by 87 individual goal kickers across the League.



Leading kickers are:

- 16** Louise Potter (Darebin)
- 12** Amanda Brown (Port Melbourne)
- 10** Barbara Schrei (Parkside Spurs)
- 7** Trudi Miller (Mordialloc/ Peninsula)
- 6** Nikki Clare, Natalie Wood (Darebin), Lisa Walshe (Port Melbourne)
- 5** Erin Murphy (Box Hill North), Erin Smith (Parkside Spurs) Carley Allan, Jane Lange (Darebin)



In terms of accuracy, only two teams have kicked more goals than behinds this season (Northside and Darebin). The 2023 competition has also brought strong defensive pressure!

National Masters Updates

Well 2023 has been a year of record breakers! With the introduction of the QuickKick program as part of the Sport Australia-funded 'AFL Masters Womens Participation Project', women over 35 engaging in local and national football competitions is on the rise. In 2022, we delivered 47 QuickKick clinics across the nation and in 2023, we are kicking goals! Numbers in Victoria have remained high. The introduction of a non contact game further ensures that footy for fun remains safe and accessible to all.

Nationwide, a record smashing 240 women participated in the National Carnival (Adelaide 2022), and currently 325 are registered for the 2023 Sunshine Coast Carnival in October! The inclusion of the inaugural non contact division is an exciting addition to the Women's fixture, with Qld and VicM fielding teams.

But wait! It doesn't stop there. We have already completed 6 QuickKick clinics across Vic Metro and are looking to run a heap more towards the end of the season as an introduction for those wanting to learn the skills of footy before signing up to the 2024 season. Stay tuned for more info!

Cath Quinn, National Development Officer – AFL Masters



Sunshine Coast



UPCOMING DATES

Over 35's Women's Fixtures
Saturday 26 August: Semi Finals at Williamstown

Saturday 9 September: Grand Final at Port Melbourne Colts

1-7 October: AFL Masters National Carnival at Sunshine Coast, QLD



Vic Metro Carnival legends enjoying the 2022 Grand Final
Beth Aiken, Lauren Smart, Sarah Loh, Charlie Hetherington and Jill Chalmers



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